

The Group Health Inland Empire Century supports:

Benton Franklin Safe Kids

Provides bicycle helmets and other safety equipment for children.
Provides public safety education aimed primarily at preventing the number one killer of young children — unintentional injury.

Bicycle Alliance of Washington

The Bicycle Alliance advocates for bicyclists and promotes cycling to build a bicycle-friendly Washington.

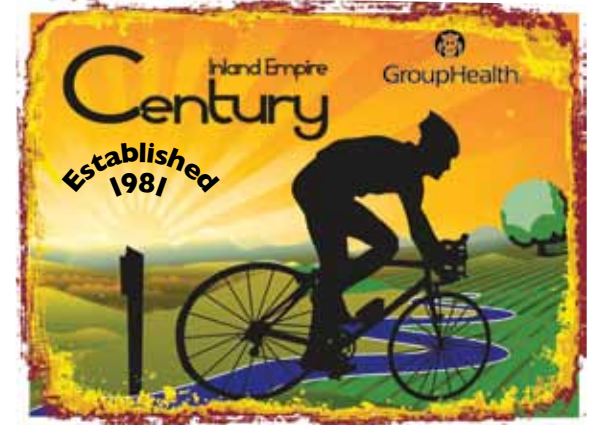
Kiwanis International is a global organization of volunteers dedicated to changing the world, one child and one community at a time.

The Group Health Inland Empire Century is presented by the Kiwanis Club of Tri-Cities Industry and the Kiwanis Club of the Columbia.

NOTE: Helmets are required!
Remember your patch kit and tire pump.
Be prepared for cool or hot weather.
Have layered clothing for cool weather, extra water and sunscreen for hot weather.

Inland Empire Century
P.O. Box 14
Richland, WA 99352

Group Health Inland Empire Century



**Saturday
May 12, 2012**



www.inlandempirecentury.org
Online registration available.



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WHEN: Saturday, May 12, 2012

START: Behind the Shilo Inn Suites Hotel, 50 Comstock Street, Richland, WA 99352. Follow directions from I-182 to Richland, take George Washington Way exit.

ROUTES

25 Miles: Tour the Columbia River and Yakima River delta on a loop through three riverside parks.

50 Miles: Loop the parks then continue to the Benton City rest stop, returning along the Yakima River.

75 Miles: Same as Century without the initial park loop.

100 Miles: Loop the parks then continue to Benton City rest stop. Climb Webber Canyon, then on to Prosser and return on the Old Inland Empire Highway.

SUPPORT: Inland Empire Century volunteers will be on the route manning rest stops and providing sag support. Sag drivers will have essential parts (tires, tubes, patches) and REI will have a mechanic at the ride start.

REGISTRATION: Register early. Go to www.active.com or www.inlandempirecentury.org or send in the attached registration form. Register early (by April 20) and receive a "2012 Inland Empire Century" t-shirt when you check in.

CENTURY EVENTS

ADVANCE PACKET PICK UP: Packets may be picked up Friday evening, May 11 from 4:00 p.m. - 8:00 p.m., inside the lobby at the Shilo Inn Suites Hotel (host hotel) in Richland.

START LINE OPENS: 6:30 a.m. and closes at 9:00 a.m. Riders starting earlier or later may encounter closed rest stops or lack of sag support.

REST STOPS: Enjoy a refreshing snack at any of the four rest stops along the Columbia River, in the Horse Heaven Hills, Benton City, and Prosser.

FINISH LINE will be staffed all day.

CELEBRATE with us at the Finish Line with a no-host Beer Garden at the Gazebo behind the Shilo Inn Suites Hotel.

SAFETY: All riders are required to wear an ANSI, SNELL, or CPSC-approved cycling helmet.

HOST HOTEL: Shilo Inn Suites Hotel, 50 Comstock Street, Richland, WA 99352, (509) 946-4661. When calling for hotel accommodations, inform the hotel you are with the 2012 Group Health Inland Empire Century Bicycle Rally. Special host rates subject to room availability.

Registration Group Health Inland Empire Century Saturday, May 12, 2012

Please Print: Last Name: _____

First Name: _____

Address _____

City _____

State _____

Zip _____

Emergency Contact: _____

Participant's E-mail Address _____

Name/Relationship _____

Participant's Phone _____

Emergency Contact Phone _____

I plan to ride 25 mi. 50 mi. 75 mi. Century (100 mi.)

Ride Fees & Shirt Size	
<input type="checkbox"/> Adult: \$50*	_____
<input type="checkbox"/> Ages 13-17: \$10	_____
<input type="checkbox"/> 12 and under: free (with registered adult)	_____
Total	_____
Short Sleeve T-Shirts included **	
<input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL	
* \$5 Rebate for Group Health members. Must show Group Health card at check-in to receive rebate.	
** Register by 4/20/12 to ensure T-shirt availability.	
Make check payable to Inland Empire Century or IEC	

Waiver and Release: I understand that I am applying to ride in an open road/highway ride of 25 to 100 miles. I am fully aware that this is a dangerous activity that can lead to serious injury and even death, and that all risks and hazards, foreseen and unforeseen, that I encounter on the day of the ride are taken at my own risk and voluntarily assumed by me. I will hold the sponsors of the ride and individuals and groups working with the sponsors harmless and not liable for any injury or damage incurred in or resulting from participation in the ride. I recognize that the ride is strenuous and certify that I have the necessary training and experience to participate in the ride. I understand that the ride will be on public highways used by motor vehicles and that participants must obey the laws of the State of Washington related to bicycles on public highways. I further state that I am of lawful age and legally competent to sign this waiver and release. I understand that the terms of this document are contractual and not a mere recital. I have signed this document as my own free act. I have read and fully understand the contents of this Waiver and Release before signing it below.

Signed: _____

Rider _____

Parent or Guardian if under 18 _____ Date _____

Birth date _____
(optional if older than 17)

Fill out this form, read and sign the waiver, include registration fee, and send to address below. Copy this blank form for each additional rider.

Inland Empire Century, c/o Kiwanis of TCI, PO Box 14, Richland, WA 99352

How Did You Hear About This Event?

Email; previous participant

Flyer/Poster

Bike Club _____ Name _____

Friend

Other _____